



2011 RAYBA Travel Tryouts Evaluation Criteria

Each player will be evaluated by 4 independent evaluators (including those from MDB “Minnesota Developmental Basketball) in six (6) separate areas. These focus areas include ball handling, shooting, rebounding, offense, passing and defense. With regards to each of these skills, the players will be evaluated in accordance with the following:

- A) **Ball Handling.** Players will be asked to participate in multiple dribbling drills. Players will be evaluated on their ability to dribble with left and right hand, ball control, form and ability.
- The drills will require the player to dribble between cones placed in a zig-zag pattern and cones placed in a line. The player will switch direction at each cone using various offensive moves. These moves may consist of **cross-over’s, reverse spins, between the legs, or behind the back.** Each drill will include the player finishing with a right/left hand lay-up. Proper technique requires that the player keep his/her head up with the eyes focused down the court instead of on the ball, knees should be slightly bent; finger and thumb tips contact the ball, not the palms of the hands. The dribbling hand is positioned on top of the ball and towards the back. When dribbling, the wrist and finger tips should be flipped. The lower arm should move in a pumping action to propel, receive and propel the ball again. The dribbling should be kept low – sock to knee high. The opposite hand and leg should be used to protect the ball when being guarded. The ball should be in the players control at all times. The score will be based on the proper techniques listed above and the ability to complete all the moves.
 - Lay-ups will be evaluated on whether they explode off the proper foot, shoot the ball with the proper hand, protect the ball with the non-shooting arm, keep their head up as they approach the basket, and whether the ball makes contact in the proper area on the backboard.
- B) **Shooting.** Players will be evaluated on both form and accuracy. Players will be asked to participate in two separate shooting drills, including **shoot off the dribble** and **catch and shoot.**
- Proper form for the shooting drills requires that the player is square to the basket. The players upper arm should be parallel to the floor, forearm should be at a 90 degree angle, the wrist should be cocked with the shooting hand under and behind the ball, the ball should rest on the pads of the fingers (not on the palms of the hands), feet should be shoulder width apart, and the elbow should be kept in close to the body and placed directly under the ball. On the shot, the arm should be pushed up and through the ball. The wrist and finger tips should follow all the way through.
 - The shoot off the dribble will evaluate proper footwork, agility to move both left and right and the ability to properly shoot off of the dribble. This drill will start at the top of the key and start by using a fake jab step. The player will then take several dribbles to the right and shoot just outside of the right side of the lane. This will also be repeated moving to the left.

- The catch & shoot drill will be evaluate proper footwork, ability to catch and release the shot in a smooth transition plus accuracy and form of the shot. Players will start on the baseline underneath the basket and explode out to the wing to receive the pass from top of key. Upon receiving the pass the player will pivot with his/her inside foot to square up to the basket to take the shot. Upon completion of the shot from one side the player will return to the baseline and complete the same catch & shoot routine from the other wing.

C) **Rebounding.** To assess the player’s rebounding ability, the players will participate in a 2 on 2 box-out drill. In this drill, the offensive player will start at the elbow. The defensive player will be positioned just below the low post. One of the defenseman will pass to an offensive player who will shoot the ball. The defenders should rush at the offensive players in a low stance. The last several steps should be short and choppy to stop your momentum. The defensive player must box out. The defensive and offensive players will attempt to rebound (after ball touches rim). Play will continue until the ball is rebounded by defensive team.

- The offensive player will be evaluated on there ability to properly catch and shoot the ball while being defended.
- Players will be evaluated on three separate rebounding areas. The first area will be assessing the player’s ability to properly position themselves on the court, on both offense and defense. It will also involve the player’s ability to make and maintain contact with the opposing player until the ball comes off the rim. Proper position requires that the feet be kept parallel, shoulder width apart and directly under the shoulders. The player must have flexibility in his/her knees, which requires that they be slightly bent with their body weight on the balls of their feet. The trunk of the body should have a slight bend in the direction of the basket. The second area will be assessing the players' ability to jump-up and maintain control of the ball. If the player is on offense, can they score off the rebound? The third area will include an assessment of the player’s aggressiveness in going after the ball and ability to make moves against the defender who is attempting to box out.

D) **Offensive Skill.** The player’s offensive skill will be evaluated while the players participate in 3 on 3 & 4 on 4 scrimmages. All evaluators will be assessing the player’s overall offensive ability in three primary areas. The first area is offensive moves, assessing the players’ ability to make moves with a dribble against defense, ball fake, and drive to the basket. The second area assesses the players’ court awareness and basketball knowledge. This includes their leadership and communication skills, ability to recognize and maintain floor balance, ability to set proper screens, whether the player properly uses the screens, and the players movement without the ball (give and go, pick and roll. etc..). The third area assesses the players’ ability to shoot under pressure, follow their shot and rebound.

E) **Passing and Receiving Ability.** Players will be evaluated on how well they pass and receive a pass in game situations while taking part in the scrimmages. The players will be scored on their ability to utilize chest, bounce and base ball passes. The player will be evaluated on the accuracy, timing and crispness of their passes. How well the individual demonstrates the “Team Player” concept, will also be reflected in this score.

F) **Defensive Ability.** The player’s defensive skill will also be evaluated while the players participate in 3 on 3 & 4 on 4 scrimmages. The evaluators will be assessing the player’s overall defensive ability in three primary areas. The player scored on their defensive stance and movement. The player must stay low, with knees bent, back straight and arms up and out. The player must demonstrate the ability to shuffle and drop step with the offensive player, while using the proper footwork and denying the passing lanes. The second area to be evaluated is the players proper defensive positioning and anticipation. Here the evaluator is looking for the players’ ability to stay between the offensive player and the basket, to anticipate passes for steals and to box out for defensive rebounding. The third area to be evaluated is the players overall pressure, aggressiveness, and speed. These can also be looked at as hustle points. The evaluators will assess how hard the player is working on defense and how well they communicate with their teammates.

PART I: DRILLS

Ball Handling	Evaluation Criteria	Points
Cone Dribble Lay-ups	<ul style="list-style-type: none"> • Under Control / Head-up/ Use of Both Hands • Ability to complete the 2 basic moves – Cross Over and Reverse-spin Dribbles • Right and left form (hand/footwork) / Accuracy 	Right hand = 1 - 10 Left hand = 1 - 10 <u>Total Points</u> 1 - 20

Shooting	Evaluation Criteria	Points
Shoot off the dribble Catch & Shoot	<ul style="list-style-type: none"> • Proper footwork • Square-up • Form • Accuracy 	Off dribble = 1 - 10 Catch/shoot = 1 - 10 <u>Total Points</u> 1 – 20

Rebounding	Evaluation Criteria	Points
2 on 2 Box – Out Drill	<ul style="list-style-type: none"> • Positioning / Contact / Boxing Out • Jumping / Attacking Ball / Aggressiveness 	1 - 10

PART II: SCRIMMAGES-- 3 on 3 & 4 on 4

	Evaluation Criteria	Points
Offensive Ability Defensive Ability Court Awareness Aggressiveness Rebounding	<ul style="list-style-type: none"> • Offensive Moves / Fakes / Drives • Sets Screens / Off-ball movement / Transition Speed • Court Sense / Team Play / Communication • Shooting under pressure / Offensive Rebounding • Uses variety of passes / Finds open player / Passing Accuracy / Timing / Crispness • Defensive stance/positioning/help defense • Anticipation • Rebounding position / outlet passing • Overall pressure / aggressiveness 	3 on 3 = 1 - 40 4 on 4 = 1 - 40 <u>Total points</u> 1 - 80